AGEING IN INDONESIA, MALAYSIA AND SINGAPORE

WHAT ARE THE KEY ISSUES?

- **Active ageimg**: Staying active and tackling stigma
- **Financial security**: Meeting rising healthcare costs with low savings
- **Mental wellbeing**: Managing isolation and staying mentally active
- **Dementia**: Handling the huge burden of care
- **Long-term care**: Meeting physical, social and emotional needs
- **End of life planning and care**: Alleviating suffering and tackling taboos

**Sources:**
1. UN DESA (2015)
2. UNFPA Indonesia (2014)

**Ageism is rampant. Society must be more inclusive, which will allow the building of a brighter future for older people.**

Dr. Mary Ann Tsao, Chair, Tsao Foundation

**Nearly 1 in 10 elderly people below the poverty line in Indonesia.**

Dr. Makmur Sanusi, Vice Chair, Lembaga Lanjut Usia Indonesia (Indonesian Older Person Foundation)

**We don't have enough geriatricians, palliative care physicians, or occupational therapists in the country to cope with the increasing demand.**

Professor Nathan Vytialingam, Dean, Perdana University School of Occupational Therapy, Malaysia

**IF JUST CAUSE HAD A MILLION DOLLARS...**

There are many things we would like to do, but perhaps our priority would be to fund an organisation in Indonesia, where we feel there are the greatest unmet needs out of the three countries that we have reviewed.

Within Indonesia, there are very few non-profit organisations explicitly tackling any of the issues relating to ageing. We would love to see some of these trailblazers professionalise and further scale up their impact. For example, Alzheimer’s Indonesia, which has been a leading light in championing the issue of dementia to the general public and policymakers, as well as developing much-needed models of caregiver support.

We would provide multi-year core funding, coupled with strategic advice and support to help the organisation reach even greater heights.